



ENJOY YOUR STAY

Welcome to Kansas City

KANSAS CITY, 250 miles due west of St Louis, straddles the state line between Kansas and Missouri. Virtually all its main points of interest are on the Missouri side, where the fountains, boulevards, and Art Deco and Mediterranean-style buildings, and the encouraging revitalization of downtown, are unusual and welcome features in a Midwestern city.

Kansas City was a convenient staging post for 1830s wagon trains heading west. Its consequent prosperity – and rough and tumble “sin city” image – was brought to an abrupt end by the Civil War. However, its fortunes revived in the 1870s, when the railroads brought the boom in meat packing that was responsible for the development of the huge stockyards, which finally closed down in 1992.

Thanks to political boss Tom Pendergast, an outrageous figure with whom the city had a love-hate relationship, its many jazz clubs continued to sell alcohol during Prohibition. As in Chicago and New Orleans, superlative jazz – and, to a lesser extent, blues – spawned the careers of Count Basie, Duke Ellington and, in the Fifties, Charlie Parker. KC’s resurgent jazz scene, fine restaurants, professional football and baseball teams, and theme parks help make it a popular destination.

- from Yahoo City Guides.

LODGING

-Hotels Close to Foss Training & Consulting

Our Kansas City training facility is located two miles north of I-435 on State Line Rd. in Kansas City, Missouri. Area hotels near the training facility include:

Embassy Suites

10601 Metcalf Avenue, Overland Park, KS • 913-649-7060 • 800-EMBASSY

Shuttle service is available to and from the airport in addition to complimentary transportation within a five-mile radius. Owned by Hilton, so you can earn Hilton Honors points and frequent flyer miles.

Wyndham Garden Hotel

7000 West 108th, Overland Park, KS • 913-383-2550 • 800-996-3426

The preferred hotel of Foss Training—ask for special Foss Training rates!

Wellesley Inn & Suites

7201 W. 106th St., Overland Park, KS • 913-642-2299 • 800-444-8888

Ask for special Foss Training rates! Includes access to Athletic Club, free continental breakfast, fully-equipped kitchen and free HBO.

Courtyard by Marriott

11301 Metcalf Ave., Overland Park, KS • 913-339-9900 • 800-321-2211

On-site Restaurant, dinner delivery service from local restaurants, indoor pool, full spa, exercise room, whirlpool

Drury Inn

I-435 & US 169, Overland Park, KS • 913-345-1500

Ask for special Foss Training rates! Includes access to Athletic Club, free continental breakfast, fully-equipped kitchen and free HBO.

Hampton Inn

10591 Metcalf Frontage Rd. • Overland Park, KS • 913-341-1551 • 800-426-7866

Free continental breakfast, owned by Hilton, so you can earn Hilton Honors points and frequent flyer miles.

AmeriSuites

5001 W. 110th St., Overland Park, KS • 913-491-9002

Includes deluxe continental breakfast, transportation within five-mile radius, kitchenette with microwave and refrigerator, access to state-of-the-art fitness facility, and in-room voice mail.

DINING

Coach’s Bar & Grill (\$\$) 414 W 103rd St, Kansas City, MO 64114 (816) 941-2286

EBT Restaurant (\$\$\$)

1310 Carondelet Dr, Kansas City, MO 64114 (I-435 and State Line Rd) (816) 942-8870

Gates and Sons Barbecue (\$\$) 2001 West 103rd St., 913-383-1752

Marco Polo’s Italian Market (\$\$)

Watts Mill Shopping Center - 1201 West 103rd (103rd Street and State Line Road)

McDonald’s (\$) 7887 State Line Rd, Kansas City, MO 64114 (816) 444-8841

Pizza Hut (\$) 7624 Wornall Rd, Kansas City, MO 64114 (816) 333-5450

Sweet Tomatoes Salad Buffet (\$\$)

1309 Meadow Lake Pkwy, Kansas City, MO 64114 (75th and State Line) (816) 333-9192

Subway (\$) - 7719 State Line Rd, Kansas City, MO 64114 (816) 444-1043

Salty Iguana (Mexican)(\$\$) - 8228 Mission Rd Shawnee, KS 66208

Culvers(\$\$) - 7953 State Line Road Kansas City, MO 64114

Red Snapper (Thai food)(\$\$) - 8430 Ward Parkway Kansas City, MO 64114

Applebees(\$\$) - 1046 W. 103rd Street Kansas City, MO 64114

Sushi Gin (Japanese) (\$\$) - 9559 Nall, Overland Park, Kansas (\$1 sushi at lunch)

Panera Bread Company(\$\$) - 8300 Mission Road Prairie Village, KS 66206

Starbucks(\$\$) – 8600 Ward Pkwy, Kansas City, MO 66206



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About Us

In August 2005, Centriq University and Foss Training joined forces to form Centriq Foss Training - the premier IT training company in Kansas City. Centriq University has provided instructor-led technology training on the latest versions of computer software and network technologies to corporate staffs for over fifteen years (see our timeline below). Foss Training has been the area's leading IT training company for individuals preparing for careers in the information technology field. The new Centriq Foss Training blends the best practices of two leading organizations into a single, full service company.

Locally owned and operated, Centriq Foss is the area's only training facility with all of the following authorizations:

- Microsoft Gold Partner
- Citrix Authorized Learning Center
- Novell Authorized Education Center
- Cisco Sponsored Learning Organization
- Adobe Authorized Learning Center
- EC Council Partner

Centriq Foss training courses cover all areas of technology including network administration and programming. Centriq Foss offers training on vendors and platforms such as Microsoft, Cisco, Citrix, Novell, Crystal, Oracle, Linux, Project Management, Java, Security, WebSphere and Web development. (See our Class Calendar). The offerings also include training tracks for industry certifications such as MCSE, CCNP, CCE, MCDBA, Java and many others.

Centriq Foss has a staff of over twenty instructors - all of whom are CTT-certified - and operates thirty classrooms from three convenient locations in the Kansas City area (Leawood, Overland and Topeka). This combination enables Centriq Foss to offer 70+ courses for corporate IT professionals that are not offered anywhere else in Kansas City and to offer the most comprehensive technology program for individuals seeking a career change

SERVICES

SHOPPING

Ward Parkway Shopping Center
8600 Ward Pkwy Kansas City, MO 66206 (816) 363-3545

Town Center Plaza
5000 W 119th St, Shawnee Mission, KS 66209 (913) 498-1111

US POST OFFICES
3500 W 95th St, Shawnee Mission, KS 66206

310 W 89th Ter, Kansas City, MO 64114

Self-Service Postal Station
On 89th Street on the north side of the street, between State Line Road and Ward Parkway

DRY CLEANERS

Pride Cleaners Inc
10314 State Line Rd, Shawnee Mission, KS 66206 (913) 341-4847

Scotch Deluxe Cleaners & Launderers
10145 Wornall Rd, Kansas City, MO 64114 (816) 941-2484

SELF-SERVICE LAUNDRY

My Laundry
8800 W 95th St, Shawnee Mission, KS 66212 (913) 642-2900

GROCERY STORES

Cosentinos Price Chopper
3700 W 95th St, Shawnee Mission, KS 66206 (913) 381-0964

Cosentinos Price Chopper
1030 W 103rd St, Kansas City, MO 64114 (816) 942-1586

PHARMACY

Eckerd Drugs
7907 State Line Rd, Kansas City, MO 64114 (816) 444-2000

TRANSPORTATION

City Cab 816-474-8294
Empire Cab 913-894-9093
Johnson County Taxi 913-262-1313
KCI Airport Limousine 800-524-8881
Quicksilver Airport Service (913) 262-0905 www.kcquicksilver.com
Car Rental -

National 816-243-5770
Hertz 913-451-8015
Enterprise 913-894-0400
Dollar 800-800-4000

HOSPITALS

Saint Joseph Health Center
1000 Carondelet Drive (I-435 and State Line) Kansas City, MO 64114 (816) 942-4400

Menorah Medical Center
5721 W 119th St, Shawnee Mission, KS 66209 (913) 498-6000

HEALTH CLUBS

The Athletic Club Of Overland Park
10440 Marty St, Shawnee Mission, KS 66212 (913) 383-9060

Prairie Life Center
10351 Barkley St, Shawnee Mission, KS 66212 (913) 648-8077

MOVIE THEATRE

AMC Ward Parkway 14
Ward Parkway Shopping Center
3600 Ward Pkwy, Kansas City, MO

More information on these and other KC businesses and services can be found at:
<http://kansascity.citysearch.com>